



**E-Newsletter** 

### September 2022

### Session 2022-23

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VIDYA VALLEY SCHOOL

#### **VIDYA VALLEY INSIDER**

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### **Sports Achievements**

Sports are a crucial part of a student's growth and help in the development of mental health and physical fitness of the body. Through participation in sports and games, a student gains various skills, experience and confidence that are helpful for developing their personality.

#### Punjab Khed Mela (Khedan Vattan Punjab 2022)

Students of Vidya Valley School participated in various sports competitions such as U-17 and U-14 Football, Skating, Athletics, Carom Board, Chess, Yoga, Tug of War, Gatka etc. held at Zonal/ Block, District and State Level. After clarifying Zonal level

Students achieved First, Second and Third positions and made the school, staff and parents proud for their marvelous performances.





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### **Teacher's Day Celebration**

3 September, 2022

Teachers are the greatest asserts of the society. They have the ability to inspire, empower and faster an environment of self-confidence, passion and nurture the lives of students." On 3rdSept 2022, Vidya Valley School celebrated Teacher's Day. Students were able to pay their gratitude towards their teachers with the celebration. They put up a series of events like speech, song, dance performance, role play etc. for their teachers. Students made efforts to make their teacher feel special on this day. The whole program was organised by the students of X class.

Honourable Principal Dr Suman Lata congratulated the teachers and acknowledged the sincere efforts they put on every day. She gave a valuable speech on Dr Radha Krishnan and explained the importance of Teacher's Day.





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### **Celebration of Grand Parents Day**

11 September, 2022

To cherish the bond between grandparents and grandchildren, tiny tots of Vidya Valley School, Mohali celebrated "Grand Parent Day" with great enthusiasm. They performed a beautiful dance for their grandparents. All students participated actively and expressed their feelings and gratitude towards their grandparents.



### **Celebration of Hindi Diwas**

14 September, 2022

To commemorate and celebrate the popularity of Hindi throughout the nation, Hindi diwas is celebrated on 14 September each year. On this account, Hindi diwas was celebrated on 14th September in Vidya Valley School, Mohali. On this day special assembly was conducted in the school. Children gave speech on importance of Hindi language. Also, some students recited a poem laying importance of Hindi. Honourable, Principal Dr Suman Lata gave small speech and congratulate everyone on Hindi diwas.





### **Term-1 Examination**

17 September, 2022 to 4 October, 2022

#### Academic evaluation is the integral part of Curriculum.

Term -1 Examination was conducted in Vidya Valley School, Mohali form 17 Sept to 4 Oct. 2022. Instructions regarding examination were given in advance to students. Date sheet, Blueprint and Syllabus of all classes were shared in the prior to the examination.







### Session on Nutrition and Balanced diet

20 September, 2022

#### A Healthy Outside Starts from the Inside"

It is very well known to us that all nutrients play a very important role in our life – from the time a child is born in the womb, it continues throughout the life till death.

Session on Nutrition and Balanced diet for teachers was held on 20 September, 2022 in Vidya Valley School, Mohali. This session was organized by Dr. Navdeep Kaur. She guided all the teachers about essential nutrients, which our body needs.

Also, she discussed the tips, how to remain fit and heathy by taking proper nutrients and balanced diet. Overall, the session was very informative.





### Shaheed-e-Azam Diwas Celebration

28 september, 2022

#### "A rebellion is not a revolution. It may ultimately lead to that end."

Birth anniversary of Shaheed Bhagat Singh was celebrated with great devotion and patriotism in Vidya Valley School. A heartfelt tribute was paid to the son of soil who sacrificed his life at a very tender age.

On this occasion a live oath session by Honorable CM Sh. Bhagwant Mann ji was shown to the students and short movie related to the life of Sardar Bhagat Singh was shown. Students took oath to follow the footsteps of Sardar Bhagat Singh.









### **PRESS RELEASE**

ਭਾਗ ਲਿਆ ਗਿਆ। ਰੇਲੀ ਉਪਰੇਤ ਵਿਦਿਆਰਥੀਅ ਮੇਸ਼ਰਾਂ ਵਲ

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ਵਿੱਦਿਆ ਵੈਲੀ ਸਕੂਲ ਖਰੜ ਵਿਖੇ ਵਿਦਿਆਰਥੀ ਸ਼ਹੀਦ ਭਗਤ ਸਿੰਘ ਦੇ ਜਨਮ ਦਿਵਸ ਮੌਕੇ ਸਹੰ ਚੱਕਦੇ ਹੋਏ। ਤਸਵੀਰ: ਗੁਰਮੁੱਖ ਸਿੰਘ ਮਾਨ

ET 84 a 8 101 1011 5 21 • ਬਰੜ, (ਮਾਨ)-ਵਿੱਦਿਆ ਵੈਲੀ ਸਕੂਲ ਨਿਊ ਸੈਨੀ ਇਨਕਲੋਵ ਖਰੜ ਵਿਖੇ ही ਨੇ ਸ਼ਹੀਦ ਭਗਤ ਸਿੰਘ ਜੀ ਦਾ ਜਨਮ ਦਿਹਾੜਾ ਬੜੀ ਸ਼ਰਧਾ ਅਤੇ ਦੇਸ਼ ਭਗਤੀ ਦੀ ਭਾਵਨਾ ਨਾਲ ਮਨਾਇਆ ਗਿਆ। ਸ਼ੁਕੂਲ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸ. ਭਗਤ ਸਿੰਘ ਦੇ ਜੀਵਨ ਬਾਰੇ ਦੱਸਿਆ ਗਿਆ ਅਤੇ ਵਿਦਿਆਰਥੀਆਂ ਵਲੋਂ ਆਪਣੇ ਭਾਸ਼ਣਾਂ ਰਾਹੀਂ ਦੇਸ਼ ਪਤੀ ਉਨ੍ਹਾਂ ਦੇ ਸਮਰਪਣ ਦੀ ਸ਼ਲਾਘਾ ਕੀਤੀ ਗਈ। ਸਕੂਲ ਦੇ ਸਾਰੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਭਗਤ ਸਿੰਘ ਦੇ ਨਕਸ਼ੇ ਕਦਮਾਂ 'ਤੇ ਚੱਲਣ ਅਤੇ ਦੇਸ਼ ਦੇ ਆਦਰਸ਼ ਅਤੇ ਦੇਸ਼ ਭਗਤ ਨਾਗਰਿਕ ਬਣਨ ਦੀ ਸਹੁੰ ਚੁੱਕੀ। ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਸੁਮਨ ਲਤਾ ਨੇ ਆਪਣੇ ਪ੍ਰੇਰਨਾਦਾਇਕ ਭਾਸ਼ਣ ਨਾਲ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਜਾਣਕਾਰੀ ਦਿੱਤੀ ਗਈ। ਇਸ ਮੌਕੇ ਸਕਲ ਚੇਅਰਪਰਸਨ ਸੁਰਿੰਦਰ ਕੌਰ, ਡਾਇਰੈਕਟਰ ਸਿਮਰਪ੍ਰੀਤ ਸਿੰਘ ਸਮੇਤ ਸਟਾਫ਼ ਮੈਂਬਰ ਹਾਜ਼ਰ ਸਨ।

#### मोहाली भास्कर 30-09-2022 दैनिक

#### स्कूल में मनाई शहीद भगत सिंह जयंती

मोहाली शहीद भगत सिंह की जयंती विद्या वैली स्कूल, न्यू सन्नी एन्क्लेव खरड में बडी श्रद्धा और देशभक्ति के उत्साह के साथ मनाई गई। बहुत ही कम उम्र में अपने प्राणों की आहति देने वाले भारत माता के सपुत को भावभीनी श्रद्धांजलि अर्पित की गई। इस अवसर पर एक कार्यक्रम का आयोजन किया। देश के प्रति उनके समर्पण की छात्रों ने अपने भाषणों के माध्यम से प्रशंसा और सराहना की। शहीदे-आजम-दिवस पर पंजाब के मुख्यमंत्री भगवंत मान द्वारा लाइव शपथ सत्र छात्रों को दिखाया गया। सभी छात्रों ने भगत सिंह के नक्शे कदम पर चलने और एक आदर्श देशभक्त नागरिक बनने की शपथ ली। प्राचार्य डॉ. सुमन लता ने अपने प्रेरक भाषण से छात्रों का उत्साह बढ़ाया। अध्यक्ष सुरिंदर कौर और निदेशक सिमस्प्रीत सिंह ने स्टाफ और छात्रों के प्रयासों की सराहना की।

